

# Shot Put

Men				
Place	Name	bib #	distance	points
1	Reed Swanson	3985	23'8"	458.1
2	Shawn Jayawook	3923	20'1.5"	366.5

Women				
place	name	bib #	distance	points
1	Sydney Toth	3948	26'5.5"	422.2
2	Laura Hayden	3975	20'0.5"	383.4
3	Derin Adunbi	3925	22'7.25"	360.7
4	Kari Alsager	3972	21'2"	337.8
5	Arianna Jenkins	3954	19'8"	313.8
6	Jen Blindent	3920	18'11.5"	302.5

# 1 Mile

Men			
Place	Name	bib #	time
1	Bennett Prud'homme	3961	4:36.4
2	Paul Chandler	3957	4:51.8
3	Max Shpilband	3983	4:53.7
4	Owen Smith	3962	4:56.8
5			4:58.4
6			5:12.2
7			5:13.1
8			5:18.8
9			5:20.4
10			5:22.8
11			5:23.7
12			5:25.1
13			5:30.5
14			5:35.0
15			5:36.0
16			5:39.2
17			5:40.5
18			5:45.4
19			5:52.5
20			5:53.6
21			5:55.1
22			6:12.0
23			6:16.6
24			6:17.2
25			6:57.5
26			7:48.6

Women			
place	name	bib #	time
1	Jen Blindert	3920	5:25.3
2	Rebecca Heimstra	3977	5:53.3
3	Ariel Raupagh	3952	5:59.1
4	Megan Kuebler	3976	7:55.9
5	Diane Scarpace	3970	8:09.3

# 800 m

Men			
Place	Name	bib #	time
1	Isiah Robinson	3926	2:19.2
2	Nathan Elston	3963	2:20.1
3	Paul Mayer	3921	2:28.6
4	Chris Sliney	3979	2:30.5
5			3:34.9
6			2:37.8
7			2:39.1
8			2:39.8
9			2:41.2
10			2:47.8
11			2:57.5
12			3:07.4
13			3:22.8
14			3:49.9

Women			
place	name	bib #	time
1	Alice Hill	3939	2:24.5
2	Jen Blindert	3920	2:31.4
3	Jordyn Dresch	3932	2:40.6
4	Rebecca Heimstr	3977	2:43.2
5	Laura Hayden	3975	2:49.9
6	Kari Alsager	3972	2:50.5
7	Melissa Bissett	3929	2:56.9

# 60 m

Men			
Place	Name	bib #	time
1	Chase Austin	3967	7.61
2	Daveon Palmer	3933	7.74
3	Isiah Robinson	3926	7.87
4			7.78
5			8.16
6			8.71
7			9.02
8			11.37
9			11.64
10			13.01

Women			
place	name	bib #	time
1	Britten Bowen	3936	7.82
2	Torisa Johnson	3935	8.03
3	Aryien McCoy	3938	8.30
4			8.41
5			8.52
6			8.60
7			8.90
8			8.92
9			9.04
10			9.11
11			9.32
12			9.35
13			9.42
14			9.45
15			9.60
16			9.90
17			10.08
18			11.04
19			11.44
20			11.72
21			13.46

## 3200 m

Men			
Place	Name	bib #	time
1	Kevin Naughton	3927	10:05.9
2	Matt Smiarowski	3940	11:30.0
3	Yoshi Umeno	3946	11:31.6
4			11:48.4
5	Jay Gray	3922	11:51.7
6	Ken Kozloff	3964	11:56.0
7	Matt Holappa	3931	11:56.9
8			12:13.2
9			15:36.8

Women			
place	name	bib #	time
1	Jen Blindert	3920	11:57
2	Rebecca Heimstra	3977	13:20

# Medley Relay (600-400-400-200)

Place	Names	bib #'s	time
1	Team Britten Bowen	3936	4:15.2
2	Team Torisa Johnson	3935	4:19.5
3	Stani Bohac, Matt Bissett, James Edwards, Melissa Bissett	3929	4:27.1
4			4:47.8
5			4:52.5
6			4:53.8
7			5:09.5